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Like many people this summer, I recently powered through the first season of *The Bear*, a gritty and intense FX dramedy currently streaming on Hulu about a family restaurant in Chicago that's taken over by troubled hotshot chef Carmy ( [Jeremy Allen White](#) ) after his older brother Michael (Jon Bernthal) takes his own life. A surprise breakout hit, *The Bear* has been rightfully lauded for its many attributes — the excellent ensemble cast, the insightful and emotionally deft writing, the authentic depiction of working-class Chicago, and the way the filmmaking creates unbearable (no pun intended) tension inside the fraught kitchen workplace. But what initially drew me to the show was the soundtrack, which struck me as refreshing and even subversive for being resolutely... unhip. The bulk of the soundtrack is made up of songs from the '80s and '90s that patrons of the show's fictional eatery The Original Beef Of Chicagoland might like: Pearl Jam, John Cougar Mellencamp, Counting Crows, Genesis, Radiohead. [Read this interview](#) with two of the creative minds behind the show about why they picked these songs.

-- Steven Hyden, Uproxx Cultural Critic and author of *This Isn't Happening: Radiohead's "Kid A" and the Beginning of the 21st Century*

***In case you missed it...***

**Japanese Breakfast** cancelled a New York show at a venue that was also hosting a right-wing propaganda tour.

**Travis Barker** performed for the first time since his hospitalization, and it looks like his recovery was fairly swift.

**Limp Bizkit** postponed their upcoming tour on orders from Fred Durst's doctor.

Our latest Indie Mixtape 20 Q&A is with **KALI**, whose sophomore EP 'Maltman And Effie' doesn't get old.

## OPENING TRACKS



### ***BEABADOOBEE***

While Beabadoobee's full-length 2020 debut *Fake It Flowers* didn't receive the kind of acclaim lavished on Soccer Mommy's similarly '90s-obsessed *Color Theory*, we found ourselves ultimately reaching for the punchier and hookier *Fake It Flowers* more. So we're anxious to hear her follow-up, *Beatopia*, which

dropped this Friday.

**LISTEN**



### ***JOHN MORELAND***

This salt-of-the-earth, insightful-as-hell singer-songwriter is just the ticket for those who are impatiently waiting for a new Jason Isbell record, or wish that Sturgill Simpson would get back to making honky-tonk music. The forthcoming *Birds In The Ceiling* is already well-positioned to be one of the year's most momentous Americana albums.

**LISTEN**



### ***THE BETHS***

Who couldn't go for a little power-pop these days? Dark days call for relentlessly catchy numbers that can chase away bad thoughts, and one of the best young practitioners of this form are New Zealand band The Beths. They recently announced that their next album, *Expert In A Dying Field*, will drop September 16.

**LISTEN**

## DEEP CUTS



### ***THE SADIES***

We've been high on this Florida band ever since catching their incredibly fun and ripping AudioTree session a few years back. Pool Kids sound like Paramore if Hayley Williams was obsessed with listening to Rush. Don't call them math rock because listening to Pool Kids is the opposite of homework.

**LISTEN**



### ***NIGHTLANDS***

This side project from War On Drugs bassist Dave Hartley diverges from that band's expansive heartland rock sound in favor of something that's sonically ethereal and surprisingly playful. On the single "Moonshine" (the title track from his new album), he marries New Age vocals with low-key electronics.

**LISTEN**

## VINYL OF THE WEEK

***DAVID BOWIE - 'NO TRENDY RÉCHAUFFÉ'***

## **(LIVE BIRMINGHAM 95)**



The second of six strictly limited-edition live albums forming *Brilliant Live Adventures*, *No Trendy Réchauffé (Live Birmingham 95)* is a previously unreleased live album recorded from Bowie's final show on his 1995 *Outside* tour. The set list features rare live performances of 'Jump They Say' and 'Strangers When We Meet,' as well as two versions of 'Hallo Spaceboy.'

**PICK IT UP**

## **THROWBACK**

**'THE VIRGIN SUICIDES' by AIR**



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What better way to dream away this fading, weird summer than with this 1999 classic? Like Air's debut full-length *Moon Safari*, this album has vibe to burn, only this time it's even more majestic and vaguely sinister.

**LISTEN**

## LINER NOTES



*Indiecast* reviews  
*Interpol* and *Black  
Midi*

On the latest episode of  
*Indiecast*, Steve and Ian talk  
about new albums by Interpol  
and Black Midi.

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